## **Books**

| Name  | Link and Description  |
|---|---|
| Intellectual disability and mental health   |   |
| Clinical Psychology and People with Intellectual Disabilities, 2 <sup>nd</sup> Edition. Edited by Eric Emerson, Chris Hatton, Kate Dickson, Rupa Gone, Jo Bromley, & Amanda Caine. John Wiley & Sons (2012)                                       | http://au.wiley.com/WileyCDA/WileyTitle/productCd-0470029714.html This book is a comprehensive resource presenting current evidence-based practices and relevant clinical skills for working with people with intellectual disability. The book is beneficial for mental health professionals and allied health staff including psychologists, psychiatrists, nurses and social workers.  |
| Cognitive-Behaviour Therapy for<br>People with Learning Disabilities.<br>Edited by Biza Stenfert Kroese,<br>Dave Dagnan, & Konstantinos<br>Loumidis. Psychology Press<br>(1997)   | https://www.amazon.com/Cognitive-Behaviour-Therapy-People-Learning-Disabilities/dp/0415127513 Cognitive-Behaviour Therapy for People with Learning Disabilities explores theoretical and practical issues surrounding the application of cognitive therapy to people with intellectual disability. It provides a wealth of practical examples for training and is a valuable resource for clinical psychologists, psychiatrists and all researchers and practitioners who see people with intellectual disability.  |
| Management Guidelines:<br>Developmental Disability, Version<br>3, 2012. Therapeutic Guidelines<br>Limited (2012)  | https://tgldcdp.tg.org.au/fulltext/quicklinks/management_guideline.pdf These guidelines aim to support medical practitioners in caring for people with developmental disability. It covers a broad range of stages – from birth to old age and assessment to long-term management. The guidelines have also been written to be accessible for people who are not professional health care workers.  |
| Management of Mental Disorders,<br>5 <sup>th</sup> Edition. Gavin Andrews,<br>Kimberlie Dean, Margo<br>Genderson, Caroline Hunt, Philip<br>Mitchell, Perminder Sachdev, &<br>Julian Trollor (2013)  | https://www.amazon.com.au/Management-Mental-Disorders-Gavin-Andrews/dp/1490463011 This book provides practical guidance on recognising and treating mental disorders. Chapter 7: Neurodevelopmental Disorders contains information on intellectual disability. The book also includes resource materials such as outcome measures, worksheets and information pamphlets for individuals with mental disorders and their families.   |
| Mental Health of Children and<br>Adolescents with Intellectual and<br>Developmental Disabilities: A<br>Framework for Professional<br>Practice. Edited by David<br>Dossetor, Donna White, & Lesley<br>Whatson. IP Communications Pty<br>Ltd (2011) | https://www.ipcommunications.com.au/title_mentalhealthchildadol.html A framework for clinicians who work with young people with intellectual and developmental disabilities and mental ill health. It provides useful information on how this population's complex developmental, emotional, and behavioural needs might best be addressed. It also includes a model for how interdisciplinary and multiservice collaboration and coordination might be facilitated, and information on the integration of biological, developmental, family, educational, social and cultural factors.   |
| Mental Health Services for Adults with Intellectual Disability: Strategies and Solutions. Edited by Nick Bouras & Geraldine Holt. Psychology Press (2010)   | https://www.amazon.com.au/Mental-Health-Services-Intellectual-Disability/dp/1848720408 This book considers how mental health services have evolved over the past three decades to meet the needs of people with an intellectual disability. It focuses on the ways that theories and policies have been applied to clinical practice.   |
| Psychiatric and Behavioural Disorders in Intellectual and Developmental Disabilities, 3 <sup>rd</sup> Edition. Edited by Colin Hemmings & Nick Bouras. Cambridge University Press (2007)  | https://www.cambridge.org/ar/academic/subjects/medicine/mental-health-psychiatry-and-clinical-psychology/psychiatric-and-behavioral-disorders-intellectual-and-developmental-disabilities-3rd-edition?format=PB  Drawing on clinical experience and research findings, an international and multidisciplinary team of experts brings together useful information on mental health and behavioural problems of people with intellectual and developmental disabilities. The book highlights the principles behind clinical practice for assessment, management and services, and offers practical advice for psychiatrists, psychologists, nurses, therapists, social workers, managers and service providers. |
| The Psychiatry of Intellectual<br>Disability. Edited by Ashok Roy,<br>Meera Roy, & David Clarke.<br>Radcliffe Publishing (2006)   | https://www.taylorfrancis.com/books/9781315378909 A practical manual with guidelines for assessment and multidisciplinary approaches.   |
| Seminars in the Psychiatry of Learning Disabilities, 3 <sup>rd</sup> Edition. Edited by William Fraser &  | https://www.cambridge.org/gb/academic/subjects/medicine/mental-health-psychiatry-and-clinical-psychology/seminars-psychiatry-intellectual-disability-3rd-edition?format=PB&isbn=9781108465069   |





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| Michael Kerr. Royal College of<br>Psychiatrists Publications (2019)   | A textbook that provides a comprehensive overview of the psychiatry of intellectual disability. A resource for those in specialist training, or those seeking a better understanding of intellectual disabilities.   |
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| ICD-10 Guide for Mental<br>Retardation  | https://www.who.int/mental_health/media/en/69.pdf This is an adapted version of the ICD-10 International Statistical Classification of Diseases and Related Health Problems for individuals with intellectual disability.  |
| Intellectual disability and dementia  |  |
| Intellectual Disability and<br>Dementia: Research into Practice.<br>Edited by Karen Watchman.<br>Jessica Kingsley Publishers<br>(2014)                                  | https://www.jkp.com/uk/intellectual-disability-and-dementia-2.html/ This book provides up to date information on best practice for people with intellectual disability and dementia and clearly describes the relevance and implications of available research for support and services.   |
| Behaviour   |  |
| Challenging Behaviour, 3 <sup>rd</sup> Edition. Eric Emerson & Stewart Einfeld. Cambridge University Press (2011)   | https://www.cambridge.org/au/academic/subjects/medicine/mental-health-psychiatry-and-clinical-psychology/challenging-behaviour-3rd-edition  This book provides a concise, accessible and contemporary summary of current knowledge about challenging behaviour, drawn from psychology, psychiatry, medicine and public health.   |
| Positive Behaviour Support for<br>People with Intellectual Disability:<br>Evidence-Based Practice<br>Promoting Quality of Life. Edited<br>by Keith McVilly. ASID (2003) | https://www.asid.asn.au/product/view/4 This book presents a holistic, biopsychosocial approach to behaviour support designed to promote quality of life for people with intellectual disability. It provides evidence-based information to help the reader understand challenging behaviour, to develop and implement behaviour support plans, and monitor those plans to ensure their ongoing effectiveness. Guidance is provided on ethical and legal principles underpinning behaviour support. |
| Needs   |  |
| Assessing Adults with Intellectual Disabilities: A Service Providers' Guide (Hogg & Langa, 2005)  | https://onlinelibrary.wiley.com/doi/book/10.1002/9780470773697  A handbook that helps professionals to establish the needs of people with intellectual disabilities through assessment and evaluate the effectiveness of services provided.  |



