Coronavirus (COVID-19) Resources

Guides and factsheets

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Guidelines on the rights of people with disability in health and disability care during COVID-19 (2020)

Link and Description

https://humanrights.gov.au/our-work/disability-rights/publications/guidelines-rights-people-disability-health-and-disability

The Guidelines provide practical guidance to health care workers (including medical practitioners, nurses and allied health professionals) and disability services and support workers on how to apply a human rights-based approach to decision-making within the health system in the context of COVID-19 that takes into account the rights of people with disability into account. An Easy Read version of the Guidelines is also available.

Management and Operational Plan for People with Disability

 $\underline{\text{https://www.health.gov.au/resources/publications/management-and-operational-plan-for-people-with-disability}$

While the Australian Health Sector Emergency Response Plan for Novel Coronavirus guides the Australian health sector response, the Management and Operational Plan focuses on people with disability. The document includes an overview of the plan, the rationale for the plan, roles and responsibilities, governance and consultation and the operational plan phases. An Easy Read version of the plan is also available.

Australian Commonwealth Department of Health Factsheets

Information for health workers supporting people with disability

https://www.health.gov.au/resources/publications/information-for-health-workers-supporting-people-with-disability

This factsheet provides information and guidance for health workers providing care to people with intellectual or developmental disability during the COVID-19 pandemic. The factsheet covers whether people with intellectual disability are at greater risk of COVID-19, why the risk is different, what to consider when providing health care to people with intellectual disability and where to get more information.

Information for health and mental health workers supporting people with disability

https://www.health.gov.au/resources/publications/information-for-health-and-mental-health-workers-supporting-people-with-disability

This factsheet provides information and guidance for health and mental health workers providing care to people with intellectual disability during the COVID-19 pandemic. Topics covered include risk of COVID-19, why people with intellectual disability are more likely to experience mental ill-health during COVID-19, the role health and mental health professionals play, how you can help to reduce stress and anxiety, what to consider when assessing the significance of changes in mood, thoughts or behaviour and how to manage mental health and behavioural concerns.

Information for health workers in hospitals supporting people with disability https://www.health.gov.au/resources/publications/information-for-health-workers-in-hospitals-supporting-people-with-disability

This factsheet provides information and guidance for health workers in hospitals who provide health care to people with intellectual disability. Topics covered in this factsheet include whether people with intellectual disability are at greater risk of COVID-19, what can be different about treating people with intellectual disability in hospital, how to minimise risks to people with intellectual disability in hospitals, what to consider during hospitalisation, what to consider when planning to discharge from hospital and where to get more information.

Information for health workers in emergency departments supporting people with disability

https://www.health.gov.au/resources/publications/information-for-health-workers-in-emergency-departments-supporting-people-with-disability

This factsheet provides information and guidance for health workers in emergency departments who provide health care to people with intellectual disability during the COVID-19 pandemic. The factsheet includes information on whether people with intellectual disability are at greater risk of COVID-19, what can be different about treating people with intellectual disability in emergency departments, how to communicate information and what to consider when assessing and making treatment decisions.

Information for primary health care services supporting people with disability





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https://www.health.gov.au/resources/publications/information-for-primary-health-care-services-supporting-people-with-disability

This factsheet provides information and guidance for primary health care staff and services, including GPs, providing care to people with intellectual disability during the COVID-19 pandemic. Information covered in the factsheet include what role primary health can play, what to consider when providing routine health care during the COVID-19 pandemic, what to consider when assessing and making treatment decisions and where to get more information.

Information for Disability Support Providers and Workers

https://www.health.gov.au/resources/publications/information-for-disability-support-providers-and-workers

This factsheet provides information and guidance for disability support providers and workers who provide healthcare to people with intellectual or developmental disability during the COVID-19 pandemic. The factsheet covers the role disability support workers can play, the actions that providers and workers can take, how providers and workers can support access to health care and what happens if a disability worker or their client develops symptoms of COVID-19.

Information for support workers and carers on coronavirus (COVID-19) testing for people with disability

https://www.health.gov.au/resources/publications/information-for-support-workers-and-carers-on-coronavirus-covid-19-testing-for-people-with-disability

This factsheet from the Australian Government provides advice on who should be tested, where testing can be done, and how to explain the testing process to a person with disability.

Care for People with Disability (COVID-19)

https://www.health.qld.gov.au/ data/assets/pdf file/0029/993314/covid19-disability-checklist.pdf

This checklist from the Queensland Government provides information about ways that health professionals can help a person with intellectual disability. It includes action points related to communication, information and decision-making, support networks, discharge from hospital and indirect patient care. The document also provides additional information and resources for health workers and consumers.

Resources for people with intellectual disability and their support network

| Name | Link and Description |
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| NSW Council for Intellectual Disability Easy Read Information about Coronavirus | https://cid.org.au/covid-19/ A range of Easy Read information sheets about coronavirus including what to do if you think you have coronavirus, the NSW Government rules around coronavirus and looking after your mental health during coronavirus. The page also contains other information resources and videos. |
| NSW Health COVID-19 information for people with disability | https://www.health.nsw.gov.au/disability/covid-19/Pages/default.aspx A range of Easy Read information and videos about COVID-19 on topics including what it is, getting tested, how to self-isolate and going to the hospital. |
| Coronavirus (COVID-19) hospital companion for people with disability | https://www.health.gov.au/resources/publications/coronavirus-covid-19-hospital-companion-for-people-with-disability The COVID-19 companion can help to convey important personal information to health professionals if a person with disability needs to go to hospital. |
| Coronavirus (COVID-19) What you can expect from your service providers and support workers - Easy Read version | https://www.ndiscommission.gov.au/document/2061 This document is written by the NDIS Quality and Safeguards Commission and provides information about how COVID-19 will affect NDIS supports, things service providers must do, training for support workers and how a complaint can be made to the commission. |
| Down Syndrome Australia Easy Read COVID-19 Resources | https://www.downsyndrome.org.au/resources/coronavirus-information/easy-read-resources/ A range of Easy Read guides and factsheets to help people with Down syndrome understand and plan for coping with COVID-19. |





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| Scottish Commission for Learning Disability COVID-19 Guided Self- help Booklet Series | https://www.scld.org.uk/covid-19-guided-self-help-booklet-series/ The COVID-19 Guided Self-help Booklet Series aim to support people with mild to moderate intellectual disability during COVID-19. The booklets can be used with support from carers and social work and health professionals. Each booklet is accompanied by a guide that explains how the content can be delivered. The series was created by the University of Glasgow, with assistance from Lancaster University, University of Oxford and University of Warwick. |
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| Beyond Words Books on Coping with Coronavirus | https://booksbeyondwords.co.uk/coping-with-coronavirus/ Beyond Words has released free picture stories and illustrated guides to support people with intellectual disability and autism throughout COVID-19. These books are developed in the UK and some titles may contain information that is not applicable to the Australian context. |

Communication tools

| Name | Link and Description |
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| Communication resources for understanding and staying safe from the coronavirus (COVID-19) | https://www.scopeaust.org.au/about-scope/coronavirus/covid-19-resources/communication-resources-covid-19/ Scope and Key Word Sign have resources to help you understand, explain and talk about the coronavirus. There are useful coronavirus information signs and posters, and other communication aids. There is also a video to help you talk about the coronavirus with people who use Key Word Sign to communicate. |



