Guides, manuals and toolkits

Name	Link and Description
Intellectual disability	
ACI Intellectual Disability Toolkit	https://www.aci.health.nsw.gov.au/resources/intellectual-disability/toolkit/intellectual-disability-toolkit This is a toolkit from the NSW Agency of Clinical Innovation to support the health care of people with intellectual disability in NSW. Resources include an Easy read appointment letter for the parent or guardian of a person with intellectual disability, patient journeys and a checklist for including people with disability in programs, procedures and strategies.
Health Care for Adults with Intellectual and Developmental Disabilities Toolkit	https://iddtoolkit.vkcsites.org/ This e-toolkit has many valuable resources regarding the health and mental health of people with intellectual and developmental disabilities.
Introduction to Intellectual Disability – Intellectual Disability Rights Service	http://www.idrs.org.au/pdf/IDRS_%20Introduction_intellectual%20disability_17Feb09.pdf An introductory guide on what intellectual disability is, how to recognise it, appropriate language, disability etiquette, communication tips, and disability standards and discrimination.
Working Together 2: Easy Steps to Improve Support for People with Learning Disabilities in Hospital. Guidance for hospitals, families and paid support staff	https://www.ndti.org.uk/uploads/files/Working_Together_2.pdf This guide is an important resource for hospital staff, families and paid support staff when working with people with intellectual disabilities to help them get the care they need while in hospital (from pre-admission planning to discharge). It includes practical suggestions and links to resources.
Working with People with Intellectual Disabilities in Healthcare Settings Factsheet	https://www.cddh.monashhealth.org/wp-content/uploads/2016/11/2016-working-with-people-with-intellectual-disabilities.pdf This factsheet by the Centre for Developmental Disability Health Victoria (CDDHV) is a useful summary of information and tips for working with people with intellectual disability.
Assessing Adults with Intellectual Disabilities: A Service Providers' Guide (Hogg & Langa, 2005)	https://onlinelibrary.wiley.com/doi/book/10.1002/9780470773697 A handbook that helps professionals to establish the needs of people with intellectual disabilities through assessment and evaluate the effectiveness of services provided.
Intellectual disability and mental health	
Accessing Mental Health Services for People with an Intellectual Disability	https://www.cddh.monashhealth.org/wp-content/uploads/2016/11/accessing-mental-health-services-for-people-with-id-2015.pdf This factsheet by the Centre for Developmental Disability Health Victoria (CDDHV) is a useful summary of information and tips for helping people with intellectual disability access mental health services.
A Manual of Cognitive Behaviour Therapy for People with Learning Disabilities and Common Mental Disorders: Therapist Version (Hassiotis et al., 2012)	https://www.ucl.ac.uk/psychiatry/sites/psychiatry/files/cbt-id-manual_0.pdf This UK manual describes the process of treating depression and/or anxiety disorders for people with mild to moderate intellectual disabilities using CBT. It is designed for therapists who have CBT training, but have little to no experience with clients who have intellectual disability.
Practice Guidelines for the Assessment and Diagnosis of Mental Health Problems in Adults with Intellectual Disability (Deb et al., 2001)	http://www.community-networks.ca/wp-content/uploads/2015/11/practiceguidelines.pdf A series of Practice Guidelines for those working with people with intellectual disability to encourage and promote evidence-based practice.
Intellectual disability and cardiometabolic health	
Positive Cardiometabolic Health for Adults with an Intellectual Disability: An Early Intervention Framework	https://www.3dn.unsw.edu.au/sites/default/files/documents/12644_UNSWMed_3DNPromo_Algorithm_Adult_Jul16_LR_FA.pdf The Early Intervention Framework has been adapted from a well-accepted, generalist monitoring framework to address the specific cardiometabolic health needs of people with intellectual disability. The framework guides health professionals through cardiometabolic risk screening and provides intervention strategies tailored to people with intellectual disability. This framework is for adults with intellectual disability.

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Positive Cardiometabolic Health for Adolescents with an Intellectual Disability: An Early Intervention Framework	https://www.3dn.unsw.edu.au/sites/default/files/documents/12500_UNSWMed_3DNPromo_Algorithm_Adolescent_May16_LR_FA.pdf The Early Intervention Framework has been adapted from a well-accepted, generalist monitoring framework to address the specific cardiometabolic health needs of people with intellectual disability. This framework is for adolescents with intellectual disability.
Behaviour support	
ADHC Behaviour Support Policy and Practice Manual	https://ngorpap.files.wordpress.com/2011/08/behavioursupport_policypracticemanual_part2.pdf The now defunct ADHC had published a Behaviour Support Policy and Practice Manual outlining the minimum requirements and guidelines for ADHC services in providing a behaviour support service to adults, children or young people with intellectual disability.
Behaviour Support Plan Toolkit – Victoria State Government Health and Human Services	https://providers.dhhs.vic.gov.au/sites/default/files/2017-08/Behaviour-support-plan-toolkit-section-1-Why-develop-good-quality-plans.docx https://providers.dhhs.vic.gov.au/sites/default/files/2017-08/behaviour-support-planning-toolkit%20section-2-how-to-write-a-BSP-planning-guide.docx https://providers.dhhs.vic.gov.au/sites/default/files/2017-08/Behaviour-support-plan-toolkit-section-3-report-RIDS-eBSP.docx https://providers.dhhs.vic.gov.au/sites/default/files/2017-08/Behaviour-support-plan-toolkit-section-4-useful-assessment-tools-and-forms.docx This is a toolkit with information and guidance on how to develop a behaviour support plan. Quality behaviour support plans are associated with reductions in the use of restrictive interventions. There are four sections to the toolkit, with separate links to each section.
Complex needs	
Working with People who have a Learning Disability and Complex Needs: The Essentials	https://www.nes.scot.nhs.uk/media/579631/complex_needs_final.pdf This guide aims to offer professionals supporting individuals with intellectual disability and complex needs opportunities to develop their knowledge, skills and values in ways that maximise the involvement of consumers, and family and support persons to increase health and wellbeing.
Forensic populations	
People who have an Intellectual Disability and the Criminal Justice System – Villamanta Disability Rights Legal Service Inc.	http://www.villamanta.org.au/documents/People%20with%20ID%20in%20Criminal%20Justice%20System.pdf This is a guide and educational tool designed for individuals working in the criminal justice system, but is a useful tool for any professional who would like further information on the criminal justice system for individuals with intellectual disability. It includes information on police interviews, advocacy, court services and criminal sentencing.
Capacity to consent and support decision-making	
NSW Government Capacity Assessment Tools	https://www.justice.nsw.gov.au/diversityservices/Pages/divserv/ds_capacity_tool/divserv_assess_principles.aspx This website outlines capacity assessment principles, when capacity should be assessed and who might assess capacity. There is also a useful toolkit to determine whether an individual has the capacity to make their own decisions. See page 103 for a capacity checklist.
Mental Health Rights Manual	https://mhrm.mhcc.org.au/ The Mental Health Coordinating Council has published the Mental Health Rights Manual, which sets out who can make decisions- either the person responsible or the public guardian, depending on the kind of treatment proposed (this manual is specific to NSW).
Ethical Guidelines for Doctors on Disclosing Medical Records to Third Parties	https://ama.com.au/position-statement/guidelines-doctors-disclosing-medical-records-third-parties-2010 The Australian Medical Association has published privacy guidelines for doctors that may be of interest to other professions as well.
Clinical pathways	

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Integrated Care Pathways: A Guide to Good Practice. *National Leadership and Innovation Agency for Healthcare NHS Wales*	http://www.wales.nhs.uk/sitesplus/documents/829/integratedcarepathways.pdf This guide assists clinical teams in Wales to implement the Integrated Care Pathways program, and can be used to find out more information about care pathways and how they are developed.