

Seeking specialist assistance

Name	Link and Description
3DN Clinic for the Assessment of Neuropsychiatric Disorders in Intellectual Disability (CANDID)	https://www.3dn.unsw.edu.au/clinics CANDID is a tertiary outpatient service which aims to support specialists working with people with intellectual disability by providing second opinions on complex cases. It is also an important training resource for medical students, psychiatry trainees and IDMH Fellows. It is located in the EUROA Centre at the Prince of Wales Hospital, Randwick. Referrals are accepted from specialists currently managing patients 18 years and older who will be offering continuing care (those aged 16-17 years will be considered after discussion).
NSW Ministry of Health Funded Specialist Multidisciplinary Intellectual Disability Health Team Services	<p>Northern Sydney Intellectual Disability Service https://www.nslhd.health.nsw.gov.au/Services/Directory/Pages/IDHS.aspx Northern Sydney Intellectual Disability Health Service is a multidisciplinary health service for school aged children, adolescents and adults with intellectual disability and complex health needs. This service provides medical and health consultations, advice and referrals. It works in conjunction with the patient's GP and/or paediatrician, other health services and disability service providers to deliver coordinated health care. People with intellectual disability who live in the Northern Sydney Local Health District are eligible to be seen at the clinic.</p> <p>Kogarah Diagnostic and Assessment Services/Metro-Regional Intellectual Disability Network (MRID.net) https://www.seslhd.health.nsw.gov.au/services-clinics/directory/child-youth-family-services/disability-services MRID.net is a specialist multidisciplinary health service led by the Kogarah Diagnostic and Assessment Service (DAS) at St George Hospital. This network aims to develop a partnership model of service delivery using the existing services in South East Sydney LHD to establish an inter-regional specialised health service for individuals with intellectual disability and complex health needs in both South East Sydney and metropolitan and regional NSW, with a focus on Illawarra Shoalhaven LHD. The target group is children, adolescents and adults with developmental delay/disabilities and associated health and mental health conditions. Specialist clinic services include paediatric and adult psychiatry. They have also developed http://schoolkit.org.au/. This schoolkit provides the key tools to help you set up and maintain school-based clinics to support children and adolescents with complex needs.</p> <p>Specialist Disability Health Team http://www.schn.health.nsw.gov.au/find-a-service/health-medical-services/developmental-delay-and-intellectual-disability/chw The SDHT is a service of the Sydney Children's Hospital Network. The SDHT's directive is broad, and includes providing specialist health care delivery, developing clinical pathways, service networks and resources, undertaking research and building capacity within mainstream health care services. The team provides comprehensive health assessments to school aged children with intellectual disability up to the age of 18 years. In addition to twice-weekly multidisciplinary paediatric clinics and monthly school clinics where comprehensive health assessments are completed, a specialist mental health clinic is held monthly.</p> <p>Statewide Intellectual Disability Mental Health Outreach Service (SIDMHOS) https://www.slhd.nsw.gov.au/mentalhealth/SIDMHOS.html SIDMHOS is specialist mental health service commissioned by the NSW Ministry of Health and tasked with the objective of improving access for all adults with an intellectual disability to quality mental health care across NSW. Among the key tasks of SIDMHOS is providing clinical support to the state's Local Health Districts (LHDs), and creating opportunities for workforce development and capacity building, in order for consumers to receive specialist-level mental health care within their local community.</p>
NSW Developmental Disability Health Unit	https://cds.org.au/clinics-services/royal-rehab-clinic-ddhu/ The NSW Developmental Disability Health Unit provides a consultation service for adolescents and adults with developmental disabilities, their family and support persons. It is a state-wide health clinic based at the Royal Rehab Hospital in Ryde. Services include the treatment of mental health and emotional disorders.



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DEPARTMENT OF
DEVELOPMENTAL
DISABILITY
NEUROPSYCHIATRY

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<p>The Royal Australian and New Zealand College of Psychiatrists Find a Psychiatrist</p>	<p>https://www.yourhealthinmind.org/find-a-psychiatrist Individuals can search for RANZCP psychiatrists by primary problem area, population treated, location, name, treatments and services, and language spoken.</p>
<p>The Royal Australian and New Zealand College of Psychiatrists Section of Psychiatry of Intellectual and Developmental Disabilities (SPIDD)</p>	<p>https://www.ranzcp.org/membership/faculties-sections-and-networks/intellectual-developmental-disabilities The SPIDD, which has a NSW arm, can provide clinical support and peer review. See the SPIDD newsletter for contact details.</p>
<p>Intellectual Disability Mental Health Service (IDMHS) at Concord Repatriation General Hospital</p>	<p>The Intellectual Disability Mental Health Service (IDMHS) is a specialised health care service for people with intellectual or developmental disabilities who are in need of mental health interventions. The service aims to support existing community mental health patients with intellectual disability by offering review and advice to current teams and assistance with liaison between the mental health and disability sectors. The service also assists in providing comprehensive assessments and implementing hospital management plans for complex needs patients with intellectual disability. The service is run through a weekly adult outpatient clinic located within the Department of Aged, Chronic Care & Rehabilitation at the Concord Repatriation General Hospital. In addition, the service also provides specialist consultations to local community health centres and adult hospital inpatient units located within the Sydney Local Health District (SLHD). There is also a limited provision for patients outside the area to access the clinic. The service is for patients aged 18 years and over (or 17 years and over for people transitioning from a paediatric disability service). Outpatient referrals can be made via the Access Care Team on 1300 722 276. For more information call (02) 9767 7278 or (02) 9767 5730.</p>
<p>Australian Psychological Society Find a Psychologist</p>	<p>https://www.psychology.org.au/Find-a-Psychologist Individuals can search for APS psychologists by primary problem area, location and name.</p>
<p>ACT Mental Health Service for People with Intellectual Disability (MHS-ID)</p>	<p>The ACT Mental Health Service for People with Intellectual Disability (MHS-ID) is a specialist team within the ACT Mental Health, Justice Health and Alcohol and Drug Service (MHJHADS). It is now located at the Gungahlin Community Health Centre and provides comprehensive clinical assessment and psychiatric treatment to individuals with a known or suspected intellectual disability and a known or suspected mental illness or mental disorder. Referrals are open to individuals with Autism Spectrum Disorder with or without intellectual disability. MHS-ID liaises with all teams within MHJHADS, including child and adolescent services and inpatient units, GPs, specialists, allied health professionals, and non-government disability services in the ACT. MHS-ID provides ongoing treatment until stabilisation of the presenting condition and undertakes neuropsychological assessments as required. To contact the service phone (02) 6207 8210 or email the Team Leader, Shirley-Anne McIntyre, at shirley-anne.mcintyre@act.gov.au For more information about the MHS-ID service model, read the article: Wurth P, Brandon S. The ACT Mental Health Service for People with Intellectual Disability, 10 years on. Australasian Psychiatry 2014; 22: 52-55.</p>
<p>Programs and Services that Assist People with Disability in the Criminal Justice System, Australian Human Rights Commission</p>	<p>https://humanrights.gov.au/our-work/disability-rights/programs-and-services-assist-people-disability-criminal-justice-system A list of programs and services around Australia that provide assistance to people with a disability who are involved in the criminal justice system.</p>